



Your COVID-19 update

As COVID-19 cases increase throughout our communities, getting vaccinated and staying up to date with booster shots is the best way to stay protected. COVID-19 home antigen tests are another important tool for slowing the spread of the virus. These tests are an easy, no-cost way to get quick results — usually within 30 minutes.

When to use a COVID-19 self-test

Use a COVID-19 self-test if you have symptoms, think you've been exposed to COVID-19, or plan to gather indoors with those who may be at risk, including unvaccinated children, seniors, and those who are immunocompromised.

How to get a COVID-19 self-test

There are many ways to get a COVID-19 self-test at no cost and without a doctor's order:

- **Federal government** — Every home in the U.S. is eligible to order up to 8 free self-tests without shipping fees at covidtests.gov.
- **Kaiser Permanente's website or app** — Visit kp.org/covidtests or use the Kaiser Permanente mobile app to order a self-test and have it shipped to your home without fees.
- **Kaiser Permanente pharmacies** — If you're already planning to visit a Kaiser Permanente location, you can pick up a self-test while you're there, as supply allows. Please note that masks are still required in all Kaiser Permanente facilities.
- **Retail pharmacies** — Pick up self-tests from participating retail pharmacies, including Walmart. You'll need to take the test to the pharmacy counter and show your photo ID and Kaiser Permanente ID card. Availability of tests may vary. Visit kp.org to see a list of participating retailers near you.

If you pay for an FDA-authorized test, you can submit a claim for reimbursement at kp.org. Select "Coverage & Costs," then select "Submit a medical claim." Starting May 5, reimbursement will be limited to \$12 per test, including shipping and sales tax.

What to do if you receive a positive result

If you receive a positive result from a COVID-19 self-test, [complete an e-visit](#) right away to report it. It will be added to your medical record and you'll receive guidance on treatment, isolation, and quarantine. If you have questions or concerns about your positive result or symptoms, visit kp.org/getcare or use the Kaiser Permanente app to access care.

Check your COVID-19 self-test expiration date

The FDA has extended the shelf life of the iHealth brand of COVID-19 self-tests. Visit the [iHealth website](#) and enter the test's lot number to see the new expiration date.

Visit kp.org/coronavirus for local updates. You can also call our KP COVID InfoLine at **1-855-550-0951** (available in English and Spanish) for regular recorded updates.